Questions to Ask Your Eye Specialist About Dry AMD Treatment

Hearing the words "macular degeneration" at an appointment can leave your mind blank. Then you're in the parking lot and remember everything you meant to ask. Writing your questions down ahead of time helps you leave with real answers.

Start with the diagnosis. Ask whether you or your loved one has the dry or wet type, which eye is involved, and what stage it is. Ask the eye doctor to explain the test results in plain words, and request copies of any images so you have something to compare later.

Find out which treatment options fit the stage you are in right now, and what each one can and can't do. It's also worth asking whether vitamins or supplements suit your needs, since they may not be right for everyone.

Daily habits belong in this conversation too. Ask how diet, exercise, smoking, and any other health conditions fit into your care plan, and whether driving needs a second look. Ask how often to book follow-ups.

Finally, ask about support. Low vision rehabilitation, magnifiers, better lighting, and large-print or audio options can make everyday tasks easier. Because there is a genetic component to AMD, it can be wise to ask when family members should book their own eye exams.

Our team at Bochner Eye Institute in Toronto takes time to explain what your results mean and what your options look like. Book an appointment and bring your list.

Read our blog to learn more!